## PHYSICAL EDUCATION

### JOB HAZARD ASSESSMENT

<table>
<thead>
<tr>
<th>Job Hazard</th>
<th>Hazard Control</th>
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</thead>
<tbody>
<tr>
<td>Trip or fall hazards</td>
<td>Walking/working surfaces training for working around uneven, wet and slippery surfaces (includes warning to others of slippery surfaces); use cord cover and out of traffic areas</td>
</tr>
<tr>
<td>Contact with bloodborne diseases such Hepatitis B, AIDS</td>
<td>Require vaccination for Hepa B; use univeral precautions</td>
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<tr>
<td>Periodic lifting/climbing/bending/stooping</td>
<td>Use proper lifting techniques; Ergonomic training; use dolly/cart</td>
</tr>
<tr>
<td>Sport-related injury</td>
<td>Use warm-up exercise or stretching; use protective pads, helmets or gear; follow safety tules/regulations for the sport</td>
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<tr>
<td>Contact with communicable diseases, bacterial contamination</td>
<td>Use universal precautions; clean contaminated surfaces immediately with appropriate disinfectant</td>
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<tr>
<td>Injuries from vehicular accidents</td>
<td>Wear seatbelt at all times; follow traffic rules; practice defensive driving; park in authorized spaces and do not obstruct traffic; do not use radio/phone while operating vehicle</td>
</tr>
</tbody>
</table>

### Recommended Training

- IIPP
- Fire/Emergency Response
- Bloodborne Pathogens
- Hazard Communication
- CPR
- Back Safety
- Heat Illness Prevention

### Recommended PPE

- Gloves
- Safety glasses

### Safety Equipments @ work area (s)

- Emergency Eyewash/Shower
- Fire extinguishers
- First Aid kits
- Spill kit
- AED accessible
- Lab Fume Hood
- MSDS station
- Lockout tagout station